McClellan Air Force Base, Calif.

Oct. 7, 1999 Vol. 40, No. 41

AT A GLANCE

Officers' spouses social Tuesday

The October get-together for officers' spouses, active duty and retired, will meet Tuesday, 7 p.m. at Leatherby's Family Creamery, 7910 Antelope Rd., on the corner of Antelope and Sunrise. Kids are welcome. To RSVP, call 334-8849 or 348-8543 by Saturday.

Market yourself for a second career

A free two-hour professional seminar, Marketing Yourself for a Second Career, today from 9-11:30 a.m., at the Community Center, Bldg. 1425. The seminar is open to those who plan to leave the service in the next one to five years. For information, call Gina Walker at 643-1106.

Spacemaker date change

The next edition of the *Spacemaker* will be published Oct. 15 instead of Thursday next week because of the Columbus Day observance.

Memorial service set for Oct. 15

Retired Col. Harry C. Mailey, first commander of the 940th Air Refueling Wing, formed at Mc-Clellan Air Force Base in the late 1950s, passed away in Florida recently. A memorial will be held Oct. 15, at the McClellan Chapel at 9 a.m. with a reception at Club McClellan following the service.

For more information, call Senior Master Sgt. Kathy Primrose at (530) 634-1842 or retired Maj. Gen. Sidney Novaresi at 482-6175.

Honor Guard deactivation ceremony

The McClellan Air Force Base Honor Guard deactivation and dedication ceremony is set for Oct. 14 at 8:30 a.m. at the McClellan Aviation Museum. A dedication of a uniform and the Honor Guard creed will be presented to the museum. A reception will follow the ceremony.

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U.S. Air Force photo by Alica Doyle

Robert Gill, Battalion Chief, Station 115, recently received the "Hall of Fame Award" presented by the California State Firefighters' Association and the U.S. Safety and Engineering Corporation. Gill has been part of the McClellan team for more than 16 years and is vital to the success of the McClellan fire services mission, on and off base.

State firefighters honor base battalion chief

By Alica Doyle
Staff Writer

For the first time in it's history, the California State Firefighters' Association and U.S. Safety and Engineering Corporation presented a federal fire fighter with the "Hall of Fame Award."

On Sept. 18, Robert Gill, Battalion Chief, Station 115, McClellan Air Force Base was recognized at the CSFA Annual Convention for exceptional contributions to the fire department and his community. Firefighters from throughout California were considered for this honor. Nominated while on vacation with his wife, Connie, Gill was taken totally by surprise when he received the call notifying him of his award.

"I was giving my information and waiting for the punch line ... I thought it was a prank by one of the guys," said Gill. "It still hasn't quite hit me."

According to Gill, the fact that the recognition comes from his peers makes it even more overwhelming.

While studying to be a football coach at Louisiana State University in 1975, Gill decided to change course by enlisting in the U.S. Air Force as a military firefighter.

After completing his enlistment, he took his first position in the federal fire service at the Naval Air Station in Alameda, Calif., but returned to his Air Force roots when he transferred to Kirtland Air Force Base, N.M.

In June 1983, he came to Sacramento with Connie and their daughter; where a commitment to educating his peers and the community has been the hallmark of an outstanding career.

In his nomination of Gill, Jack Anderson, retired McClellan firefighter and faculty-member of Butte

Community College emphasized the point, "throughout the years he has always been on the leading edge of learning and implementing the newest tactical and technological advancements."

In his efforts to spread vital knowledge to firefighters, Gill has worked successfully with a myriad of state, federal, and local agencies to train personnel and establish standards that continuously improve the fire service.

In October 1991, Gill was recognized for skillfully coordinating the efforts of several fire crews during a large shopping center fire in North Highlands. He is also credited with expert service during the hazardous material fire at the McClellan Plating Shop in October 1997, a major Lumber Mill fire in Auburn, Calif., and several other incidents throughout Northern California.

Gill's service doesn't end there. Throughout his career, he has worked tirelessly to empower his community. He has taught first aid, CPR, and basic emergency medical skills to the Boy Scouts and Girl Scouts of America, as well as private citizens. He is a credentialed adult education teacher committed to helping those on welfare transition successfully into the workforce, and is involved with the high school dropout recovery program.

In 1996, he was elected to the Board of Directors for the Placer County Consolidated Fire District, where he continues to serve as a volunteer captain.

Chief Randy Smith, Placer County Consolidated Fire District, described Gill's contribution as that of a "total person" with an "old-time attitude."

"When he came into the service, he probably took an oath; and he puts all of his energy and effort into fulfilling that oath with a level of commitment not seen very often," Smith said, "He is always trying to improve the fire service. He is a big asset."

Action Line

643-3344,77abw.actionline@mcclellan.af.mil

LACK OF CONSIDERATION

My wife's car has been hit three times in three years while parked on base and she doesn't come on base that often. I kept asking myself, "Why do incidents like this happen?"

Well, I now know. I recently parked my brand new car in the south parking lot of the clinic. The closest space to the entrance is an extra-wide space, perhaps one and one-half times wider than the other spaces.

I had parked close to the center of my space knowing that no one could open their door and hit my car from the next space.

Before I went into the clinic, a lady pulled into the next space, except instead of parking in her space, she straddled the dividing line between her space and mine.

I quickly yelled at her to hold it before she opened her door and I promptly backed my car out and moved to the extreme left portion of my space.

When she got out of her car I pointed out that she had missed her parking space, she shrugged her shoulders and went into the clinic.

No apology ... nothing. At least I knew my car was safe ... WRONG! When I returned later, the lady was gone, but another person had squeezed her car into my space!

In order to do so, she was very close to my car. I just knew whoever that person was would have had to bang their door into the side of my car in order to get out of their vehicle.

Upon inspection of my car, there was not a mark!

As I backed out to leave, the person who parked next to me came out. I asked her how she managed to get out of her car without hitting mine. She answered, "very carefully."

I then asked her why she had crammed into my space when there were other spaces open nearby. That is when she noticed that she had indeed infringed into my space. In short, people are not paying attention or they are very inconsiderate. I am wondering if the fact that the base is closing has influenced this rampant disregard for others?

While playing Lawrence Links regularly, I've noticed that more and more people are leaving divots, some very huge, in the fairways and ball marks on the greens.

Our group repairs 75-100 divots every round that we play.

Would it be possible to start a campaign on base asking people to be more considerate of their fellow government and military personnel — especially now that the base is closing?

After all, we are in this thing together. I

would like to believe that we are one family and that we should be one happy family.

Thank you for your concern in this matter.

I've decided to print your article because I agree that it is important for all personnel to consistently be aware of their surroundings and always considerate of another person's property.

I'm sorry you've had these unfortunate experiences and hope that publishing this concern will significantly increase awareness of all base patrons.



Col. Charlie Cotter
77th Air Base Wing commander

Hi. I'm Col. Charlie Cotter and I am thrilled to have the honor of commanding the 77th ABW.

I value the opportunity to serve you, members of the McClellan community. The Action Line is your direct

The Action Line is your direct link to focus my attention on something you feel I should know. It may be used to highlight an area where you have received exceptional service. The Action Line is also your means to tell me about a challenge or issue that you have not been able to resolve. Certainly, it is

best to first try to resolve the issue with the responsible agency, since ultimately that is where the issue will get fixed. Another means to address a problem is through your chain of command.

But, if neither of these approaches resolves the issue to your satisfaction, let me know in your Action Line call what the challenge is and how you think it could be resolved to your satisfaction. I look forward to serving all members of the McClellan community.

Action Line

643-3344 Action Line 77 ABW/CC 5241 Arnold Ave. McClellan AFB, CA 95652-1086

77abw.actionline@mcclellan.af.mil

Base Phone Numbers

AAFES	.920-0537
Civilian Pay	.643-6727
Civil Engineering	
Civilian Personnel	.643-5838
Commissary	.643-4954
Base Police	.643-6161
Dining Hall	.643-5092
Family Support	643-1106
Focus Center #1	.643-5661
Fraud, Waste & Abuse	.643-6000
Housing	.643-6221
Legal	.643-3150
Lodging	.643-6223
Medical Appointments	.643-8400
After Hours	.643-7212
TRICARE Service Center.(800)	242-6788
Military Pay	.643-6965
Military Personnel	.643-1094
Public Affairs	.643-6127
Retiree Activities	.643-2207
Security Forces	.643-6160
Services	.643-6660
Military Equal Opportunity	.643-3322
Base Fuel	
Uniform Questions	.643-4051













Air Force Vision

"Air Force people building the world's most respected air and space force ... global power and reach for America"

Air Force Materiel Command Vision

"Quality Systems for America's Air Force"

Sacramento Air Logistics Center Vision

"Completing the mission of McClellan AFB with professionalism and honor"

SDACEMAKER

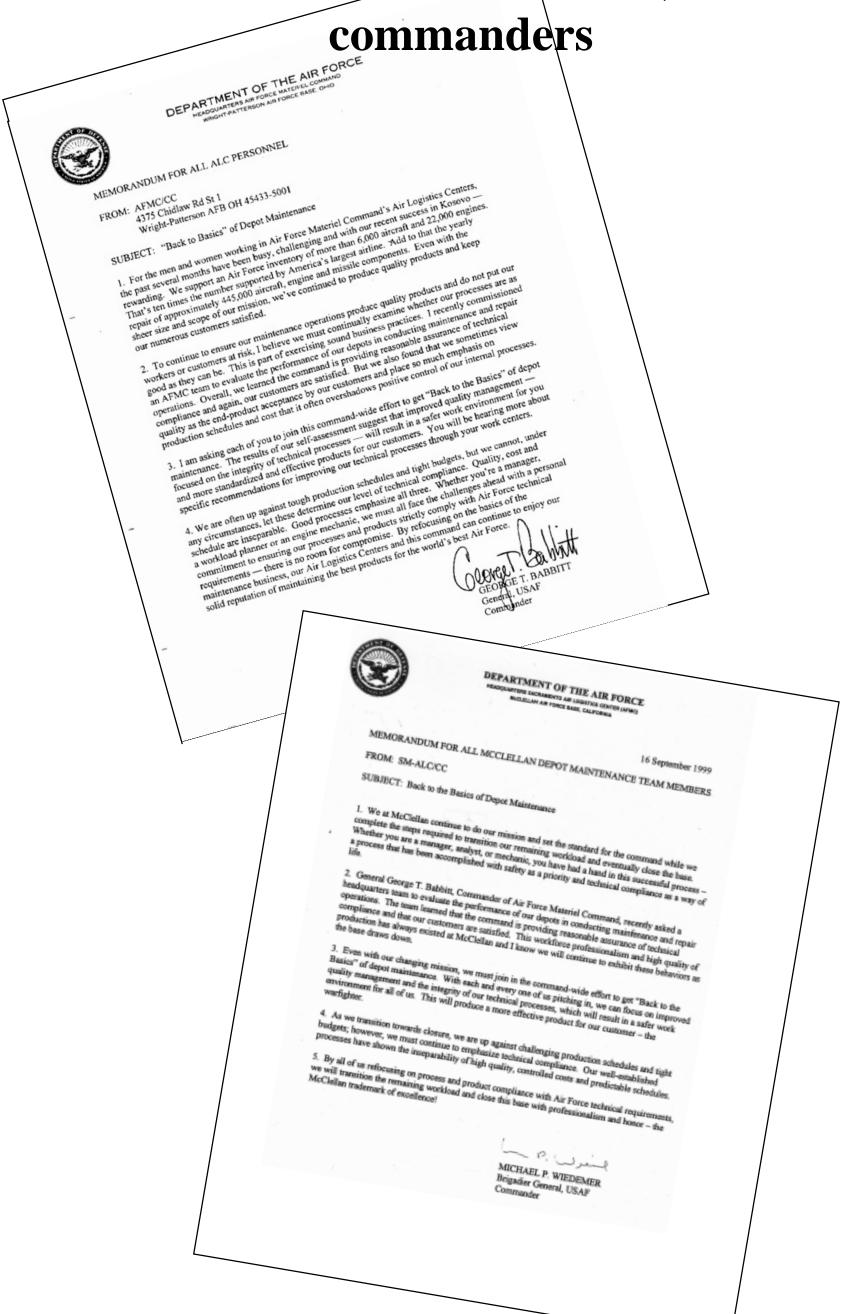
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SPACEMAKE R

Bldg. 200, Room 125 (916) 643-6100 http://www.mcclellan.af.mil/PA/Spacemaker.html

Public Affairs Editorial Staff

"Back to Basics" from AFMC, SM-ALC





Satellite clinic opens door

Col. Edward Torres, 77th Medical Group commander, greets the guest Friday at the ribbon cutting ceremony of the David Grant Medical Center, Travis Air Force Base, satellite primary care clinic located at McClellan.

The clinic opened its doors Monday to serve retirees and their dependents and will remain open as a tenant of the building's new owner, the VA, after the base closes in 2001.

The clinic is for Tricare Prime patients, ranging from new born to age 65. The clinic has two full time physicians and one physician assistant.

The clinic is open Monday through Friday, 7:30 a.m. to 4:30 p.m. For appointments, call 800-264-3462 or the primary care front desk at 643-8474.

Weather programs support worldwide mission

By Mike Mast

Deputy SSM Weather Programs

The Sacramento Air Logistics Center weather organization manages Air Force and Army Weather equipment worldwide. All Army installations, all Air Force installations ... worldwide.

The equipment is responsible for providing the information forecasters use to make the decisions like "evacuate" for Hurricane Floyd. The equipment is used by the Hurricane Hunters who fly into the eye of the hurricane and drop electronic sondes that send readings back to the National Weather Service.

The NWS at the National Hurricane Center use these readings to alert the civilian population to evacuate.

McClellan manages the equipment in the planes and the sondes which are dropped out of the plane. In fact, the shop just finished modifying the equipment used in Hurricane Floyd.

The shop replaced both the computer system, the printer and modified the drop sonde. In addition the shop just tested and certified all the planes' Airborne Vertical Atmospheric Profiling Systems for Y2K.

In Korea, the 607th Weather Squadron uses the equipment to provide the nightly television forecasts for that entire region of the world. The weather squadron has various "TV personalities."

The Automatic Weather Distribution System, working with multiple other systems measure and display data about the wind speed, direction, upper and lower air movements, rainfall, humidity, and many other factors which are all used by forecasters to determine that all important question "What's the weather like today?" Also important to re-



U.S. Air Force photo by Robin Jackson Jim Jones (left), production supervisor, discusses the FMQ-13 wind measuring system with Chuck Moores (center), system support manager and Mike Mast, deputy system support manager.

member; is that, while it's nice to know if you need an umbrella, this information can be critical if you have men and equipment out and a tropical storm is bearing down.

At Warner Robins Air Force Base, Ga., the commercial TV stations are hooked into our NexRad Station near the runway at Warner Robins Air Force Base.

The shop uses the NexRad to show the "Doppler Radar Image" that millions of folks see on their TV sets every night.

While the majority of NexRad radar stations are owned by the National Weather Service, McClellan manages those which are located at military installations either in country or overseas.

Commercial TV stations take the image from the NexRad and use it to display that very familiar radar image that color codes rain cells, shows lightening and makes weather predictions just a little more understandable.

Every Air Force or Army airplane in the sky needs the weather data too. Ever had a rough landing where the

plane moved sideways while landing? Those are called wind shears, and they can cause a plane to lose control and crash.

The weather shop manages tactical systems that are every bit as accurate as the fixed systems.

For instance, the Quick Reaction Computer Terminal modification, combined e-mail with high frequency radio to develop the worlds first HF e-mail system.

This enables the weather folks to transfer weather data to and from the battlefield.

Did you know that an artillery shell can miss a target by as much as the length of a football field if even gentle winds are not factored into the range calculations? I missed -- just isn't acceptable.

McClellan weather shop has been quietly doing the job year after year, day after day, and who would have thought that the work they do affects so many millions of people at peace and war in so many locations all over the globe.

Newsbriefs

Dorm dwellers

The mobile food truck is available for breakfast every weekend from 8 to 11 a.m. at the SAFE Federal Credit Union parking lot.

DRMO sale

The Defense Reutilization and Marketing Office at McClellan is conducting a local sealed bid sale to be opened Oct. 14. Property is combined in like commodity groups and sold in various size lots. Viewing is permitted Friday, Tuesday and Wednesday from 7:30 a.m to 2 p.m at Bldg. 786-C. DRMO will be closed Monday.

Bids will be accepted until 7:30 a.m. Oct. 14. The public is encouraged to participate. You may download a catalog from the DRMS website: http://www.drms.dla.mil/catalog/official/44-0200.htm

For further information contact the local DRMO office at 643-3830. To reach Bldg. 786-C enter the base through the Main Avenue gate, from I-80 take Raley Boulevard north to Main Avenue turn right and enter the Main Avenue gate to McClellan Air Force Base.

All ranks dining out

The 1999 McClellan Air Force Base all ranks Dining Out is set for Nov. 5 at 6 p.m.

Active duty and retired military members and their guests are invited for a special night out.

Ticket sales begin today. Contact your first sergeant for tickets and more information.

The special guest speaker is Lt. Gen. Eugene L. Tattini, Space and Missile Systems Center, commander, Los Angeles Air Force Base. Ticket cost is \$5 for E-5 and below and \$16 for E-6 and above.

FCC prep course

FCC License Exam Preparation course has a weekend intensive format beginning Oct. 8-30. For more information, call 643-5990, or stop by Bldg. 8, Room 214, 9 a.m. to 5:30 p.m., Monday-Thursday or leave a message at 920-9620.

PPP office closed

The Priority Placement Program office in Bldg. 10 will not be open to walk ins, file maintenance appointments and will not schedule registration on Friday. The entire office will be relocating from the basement to the second floor in Bldg. 10. We do not anticipate any disruption in phone service and can be reached at 643-2065. Normal business hours and availability to services will resume on Tuesday.

NEWS SPACEMAKER Oct. 7, 1999 5

FY 2000 rollover: fusion center has slow night

MAXWELL AIR FORCE BASE - GUNTER ANNEX, Ala. - Air Force Fusion Center controllers had their fingers on the pulse of Air Force computer systems during the first major century date change Sept. 30 and Oct. 1.

The operations tempo, although still low, included some minor incidents. There was no major mission impact, according to Col. Robert Glitz, chief of SSG's Software Factory Customer Support Division.

"If the Air Force hadn't done such an outstanding job in its Y2K testing, the rollover could have had a huge impact on the Air Force affecting things like transportation, supply, medical systems and military pay," Glitz said.

Serving as the Air Force's Year 2000 help desk, the Fusion Center was up and running hours before the first time zone in Guam rolled over to Oct. 1. Controllers handled three incidents generating 170 calls since the Fusion Center stood up for the end-of-fiscal-year rollover Wednesday night, according to 1st Lt. Todd Butler, Fusion Center program manager.

"There were some minor problems detected, but having the Fusion Center team there to work through them and get the information out to the major commands and the customers was clearly value added," said Col. Mike Marro, deputy for the Air Force Y2K Office.

Marro sat through the rollover here to get a first hand look at the Fusion Center team in action.

The Fusion Center's cross-functional team of more than 130 active-duty members, Department of Defense civilians and contractors, fixed system errors, logged and tracked all Y2K trends and incident reports.

Year 2000 Yellow Pages helped put customers with questions and issues beyond the Fusion Center purview in touch with agencies that could help them get back on track. The yellow pages, compiled by members of the SSG and Air Force Communications Agency Y2K offices, lists more than 18,000 points of contact from each major command, Department of Defense Y2K help desks worldwide, and even some foreign countries.

Working around the clock, Fusion Center operators monitored communications networks and customer issues throughout the Air Force, consolidating and transforming raw data into useable information for the Air Force Operations Center at the Pentagon.

Functional experts in the center maintained contacts with other agencies such as the Air Force Communications Agency, Air Force Personnel Center, Electronic Systems Center, Tri Service Medical Systems Support Center and the Air Force Civil Engineering Support Agency to ensure Air Staff received a comprehensive picture of the status of all Air Force systems.

"We had very few surprises. Our people have been well trained for precisely this event and they knew exactly what to do," Glitz said. "Our training was right on target."

During this operation, the center was also augmented by representatives from various organizations including the Air Force Y2K Office, Air Force Communications Agency, Air Staff and Air Force Operational Test and Evaluation Center.

The Air Force may not have felt the full effects of the FY rollover. Glitz said the Fusion Center will continue to track anomalies during the next three months.

The Fusion Center was christened during the GPS EOW rollover Aug. 23, but didn't officially open for business until Sept. 1. The center also played a vital role in the Sept. 9, 1999 event. Some computer experts had feared the succession of 9s, once used as computer code for a program stop marker or end of file marker, might corrupt data or shut down computers.

This new facility will provide long-term benefits to the Air Force as an information operations cell, explained Maj. Kenneth Hirlinger, one of the Fusion Center's officers of the watch.

Long after the world has recovered from the millennium bug, the Fusion Center will provide collaborative capabilities to allow senior Air Force leadership a location to conduct detailed planning sessions and consequence management in a classified environment, Glitz said.

AFOSI seeks large number of new recruits

Air Force Office of Special Investigations is currently recruiting a large number of enlisted members to be special agents.

In order to meet their increased needs, AFOSI is accepting a select few senior airman with less than six years military service.

In addition, staff sergeants with less than 12 years, technical sergeants with less than 13 years and master sergeants with less than 14 years military service are needed as well.

All military members wanting to cross-train to a challenging and rewarding career field should look no further than the AFOSI.

AFOSI is responsible for providing commanders of all Air Force activities independent professional investigative services regarding fraud,

counterintelligence, major criminal matters, and force protection by using a worldwide network of enlisted, officer and civilian special agents stationed at all major Air Force installations and a variety of special operating locations.

AFOSI also works with local, state, federal and foreign law enforcement agencies worldwide.

Applicants accepted into the command will attend the U.S. Air Force Special Investigations Academy at Andrews Air Force Base, Maryland. The 11-week course instructs AFOSI agent trainees, as well as U.S. Federal and allied country investigators, in basic investigative skills.

For more information on applying, contact Special Agent John Charalambides at 643-3714.

CSAF survey now easier to access online

RANDOLPH AIR FORCE BASE, Texas (AFPN) — More than 3,900 people completed the Air Force Chief of Staff Survey on-line Sept. 30 and another 8,500 have started the poll as the CSAF team fixed connection issues and slow access times.

The Web-based portion of the CSAF Survey launched Sept. 30 and almost immediately, the Web traffic was overwhelming, said Capt. Scott Hopkins, who heads the CSAF Survey team. Many Web users connected and were able to participate in the survey without incident. Some; however, wondered if the survey portion of the Web site was up and

running correctly.

"It was tough for a few people Sept. 30," Hopkins said. "It's great that there are so many people out there who want to participate. We want everyone to have a chance to 'speak today, shape tomorrow,' making positive change for the Air Force."

"It's vital that every Air Force officer, enlisted and civilian take the '99 CSAF Survey; billions of dollars will be allocated across Air Force programs with this data. If you haven't done so, please be our guest at the CSAF Survey Web site and make your voice heard!" he concluded.

Newsbriefs

Holiday hours

Main Store

Listed below are the hours of operation for the McClellan Main Exchange facilities for Monday, Columbus Day.

9 a.m. to 5 p.m.

Service Station 9 a.m. to 5 p.m. 10 a.m. to 7 p.m. Shoppette Concessions 9 a.m. to 4 p.m. Burger King 8:30 a.m. to 4:30 p.m. Closed **Toyland** Barber Shop Closed **Beauty Shop** Closed Class Six Closed **MCSS** Closed Anthony's Pizza Closed Robin Hood Closed Frank's Frank Closed Theater Closed

Commissary closed

The McClellan commissary will be closed Monday in observance of Columbus Day.

Road closure

Bailey Loop, between Bldg. 250 and 251, will be partially obstructed Monday through Oct. 22, to accommodate the abating and painting of Bldg. 233, the water tower. The southbound lane of the road will be closed completely, and the Northbound lane will operate in its place. Seven parking spaces will be eliminated to serve as the southbound lane.

Several cones will be used to outline the detour. Warning signs will be placed at both of the road entrances, alerting motorists and pedestrians of the impending detour. This detour permits access by emergency vehicles throughout the duration. If you have any questions, call Kamili Siglowide at 286-5043.

938 EIS hosts blood drive

A blood drive is set for Oct. 15 from 7:30-11 a.m. at Bldg. 686, in the break room. Please eat and drink plenty of fluids before donating and bring a photo I.D.

For more information or an appointment contact, Senior Airman Mike Fischer at 643-3744, Senior Airman Benji Crum at 643-3754 or Technical Sgt. Debra Schnuth at 643-3744.

Education advantage

CLEP examinations are free for all servicemen and servicewomen. Depending on the college's CLEP policy, satisfactory scores on CLEP exams can earn college credits. Turn what you have learned through independent study or professional development into credits toward your degree. Skip general introductory courses and jump into the advanced work. Demonstrate your ability, for example, in a language, a social science, or history with CLEP.

McClellan retirees meet

The McClellan Retiree Activities office will sponsor a forum Wednesday for all military retirees, spouses and widows at 10:30 a.m. in the Community Center. The guest speaker, Mel McGowan, will discuss Space A travel.

MG technical delays

The 77th Medical Group has been experiencing technical problems with the new appointment system telephone number 643-7212. The problem should be corrected by Friday.

Services housekeeping supervisor wins AFMC award

By Betty Moore

Services Marketing Manager

The 1998 U.S. Air Force Services Award was recently awarded to Dolores Johnson, McClellan Inn Housekeeping Supervisor. With more than 30 years of experience, nine of those recent years at McClellan, Johnson improved the services provided at the Inn by taking personal initiatives.

"Johnson always takes personal concern and rises to the call of her duty as well as looking at better ways to improve processes for our operation," said Adrain Edwards, McClellan Inn manager.

Johnson leads a crew of 23 people and is responsible for all 138 units at the Inn. Those who work with her fully support her efforts and she has built a good rapport with other employees.



commander, recently presents Dolores Johnson with the 1998 U.S. Air Force Services Award.

Wiedemer, SM-ALC

Brig. Gen.

FOCUS Center Jobs

This section contains some of the job announcements available at the McClellan FOCUS Centers. For additional information, contact one of the FOCUS Centers: #1, 643-5661 or #3, 643-6808. FOCUS #1 is open until 7 p.m Thursdays.

Position: Employee Relations Speadditional information.

cialist, GS-230-12 Annc#:CA-99-093 Close: Oct. 15 Location: Sacramento, CA

Agency: Bureau of Land Management **POC:** (916) 978-4460

Remarks: Copies of the vacancy are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for

additional information.

Position: Repayment Specialist, GS-

1101-11/12

Annc#:BOR-MP-99-185

Close: Oct. 22

Location: Sacramento, CA **Agency:** Bureau of Reclamation **POC:** Inga Hall (916) 978-5471 **Remarks:** Copies of the vacancy are available in the FOCUS Center. Review the announcement and con-

tact the agency for KSA's and/or for additional information.

Position: Maintenance Worker, WG-

Annc#:R517-095-99G Close: Oct. 25

Location: Grass Valley, CA **Agency:** Forest Service

POC: Ann Melton (530) 478-6174 Remarks: Copies of the vacancy are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for additional information.

Position: Supply Technician, GS-

2005-07

Annc#: R5-419-99 Close: Oct. 19 Location: Vallejo, CA **Agency:** Forest Service

POC: Jennifer Jones (530) 559-6356 **Remarks:**Copies of the vacancy are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for

Position: Mail/File Clerk, GS-305-04

Annc#: R503-321-99G Close: Oct. 18

Location: El Dorado County, CA **Agency:** Forest Service

POC: Nancy Thurlo (530) 621-5230

Remarks: Copies of the vacancy are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for

additional information.

Position: Apprentice Electrician,

WB-2810-02 (\$17.39) **Annc#:** SNR-99-18 Close: Oct. 15 **Location:** Redding, CA Agency: Dept of Energy **POC:** (916) 353-4566

Remarks: Copies of the vacancy are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for

additional information.

Position: Management Assistant,

GS-344-07/09

Annc#: 99-38-HPRF-08

Close: Oct. 18

Location: San Francisco, Ca Agency: Dept of Justice

POC: Terry Phelps (202) 353-7017 **Remarks:** Copies of the vacancy are available in the FOCUS Center.

Review the announcement and contact the agency for KSA's and/or for additional information.

Position: Electronics Technician,

GS-856-09

Annc#: YOSE-99-54 Close: Oct. 18

Location: Yosemite National Park,

Agency: National Park Service POC: Lynette Mangus (209) 379-

Remarks: Copies of the vacancy

are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for additional information.

Position: Painter, WG-4102-09

Annc#: GOGA-99-68 Close: Oct. 14

Location: San Francisco/Marin, CA Agency: National Park Service

POC: (415) 561-4770

Remarks: Copies of the vacancy are available in the FOCUS Center. Review the announcement and contact the agency for KSA's and/or for

additional information.

Non-Federal Jobs

Position: Examination Proctor **Salary:** \$2,001 - \$2077

Close: Oct. 8

Location: Sacramento, CA **Agency:** State of California **POC:** (916) 492-3300

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency for additional

Position: Personnel Analyst **Salary:** \$16.07 - \$22.62 hourly

Close: Oct. 19

Location: Sacramento, CA Agency: County of Sacramento

POC: (916) 874-5593

Remarks: Copies of the announcement are available in the FOCUS Center.Review the announcement and contact the agency for additional information.

Position: Mechanical Maintenance

Technician

Salary: \$3,193 - \$3,520 per month Close: Continuous Until Filled Location: Sacramento, CA Agency: County of Sacramento

POC: (916) 874-5593

Linhart, Petersen, and Powers Company Open House

The FOCUS Center is sponsoring an open house for the Linhart, Petersen and Powers Company, today from 1-4 p.m. in the FOCUS Center, Bldg. 9.

Linhart, Petersen and Powers Company are contracted by the cities of Sacramento, Folsom, and Citrus Heights. They are recruiting for civil engineers, structural engineers, architects, commercial and residential checkers and 20 building inspectors. A formal briefing will be conducted at 1:30 p.m. to explain the application and certification process and provide information.

The briefing is limited to the first 30 callers. Call 643-5661 to schedule the briefing. The remainder of time the representative will be available to provide information, no appointment necessary.

This event is open to all Mc-Clellan employees, civilian and military. Administrative leave is not approved for this function.

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency for additional information.

Position: Hazardous Material Spe-

Salary: \$3,243 - \$4,564 Close: Continuous Until Filled Location: Sacramento, CA Agency: County of Sacramento **POC:** (916) 874-5593

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency for additional information.



Movies

Movies start at 7 p.m., unless otherwise noted, in Bldg. 1417. Movies are subject to change.

Bowfinger - Friday

Starring: Steve Martin and Eddie Murphy

A desperate movie producer, Martin, will do anything to get his dream movie made. In fact, he's so desperate that he enlists a fairly nerdy guy, Murphy, with no acting experience, at all to be his star. The movie goes from one silly scenario to another and keeps the audience amused. (Rated PG-13 - for sex-related material and language.)

Mickey Blue Eyes - Saturday

Starring: Hugh Grant and Jeanne Tripplehorn

After only three months of dating his girlfriend Gina, Michael Felgate is head-over-heels in love for the first time in his life. He gathers up enough courage and proposes marriage. But, to his shock and chagrin, Gina declares that, though she loves Michael very much, she can never marry him. (Rated PG-13 - strong language, violence and sensuality.)

Teaching Ms. Tingle - Sunday

Starring: Helen Mirren, Barry Watson and Molly Ringwald

Three best friends, falsely accused of cheating, have to prove their innocence and find their way out of an impossible situation. The real fun begins when, to stay in the game, they have to outsmart their teacher with the very rules she created. Meet Ms. Tingle, an age-old nightmare. Treachery meets hilarity as the students turn the tables on their torturous teacher. (Rated PG-13 - thematic content, violence, sexuality, language and some teen drinking.)

Youth Center

- Today: Open recreation, 2 7 p.m.; open gym, 2-3 p.m. and 4:15-7 p.m.; snack bar, 2 6 p.m.; advanced gymnastics, 3:15-4:15 p.m.; Moms, Pops, Tots play group, 10-11 a.m.; Community Support Center deployed spouses skate night, 6-8 p.m.
- Friday: Open recreation, gym, snack bar, 2-6 p.m.; Skate Night, 6:30-8:30 p.m., ages 9-12, \$2 members, \$4 nonmembers, members only from 6:30-7 p.m.
- Saturday: Open recreation, snack bar and gym, noon 5 p.m.; Teen night, 6-11 p.m., members free, \$2 nonmembers.
- Sunday: Closed
- Monday: Closed
- Tuesday: Open recreation, 2-7 p.m.; open gym, 4:15-7 p.m.; snack bar, 2-6 p.m.; beginning gymnastics, 3:15-4:15 p.m.
- Wednesday: Open recreation, open gym, 2 -7 p.m.; open snack bar, 2 6 p.m.

How self-talk affects stress; talk to yourself

Head check

For your mind, body and soul

Chief, Mental Health Element

Capt. Frank D. Weber

Most people carry on a silent conversation with themselves during much of the day. These internal dialogues can actually direct your thoughts and behaviors. Understanding what self-talk is and how it affects you is the first step in learning how to rewrite your own self talk "script"

your own self-talk "script" and talk your way to a less stressful way of life

Positive or Negative?

Self-talk is very much like a selffulfilling prophecy - something you think about so much you actually make it come true. When your selftalk is positive - "everything will work out;" "I know I can do the job;" - you are giving yourself permission to succeed, and chances are, you will. When your self-talk is negative - "I know I'll have a lousy time;" "I'm not smart enough to be supervisor;" - you're giving up on yourself and chances are you won't even try to succeed. Often your selftalk reflects the values and behaviors you learned as a child, and the self-esteem you now have as an



• | 3

Thoughts and behaviors
Self-talk can direct your thoughts
and behaviors. If you think, "I know
I can do the job," you'll be more willing to apply and have a much better
chance of success. If you say to yourself, "I'll never get hired for that position," you probably won't even apply, guaranteeing that you won't get
the job.

Stress response

Negative self-talk can cause or increase your distress, and can make effects such as headaches or stomach pain much worse. Self-talk can also encourage you to behave in destructive ways which further stress to your body. "No one cares, so why shouldn't I have another drink?" Fortunately, positive self-talk can have the opposite effect, leading to lower stress levels.

How to rewrite your script

Learn to listen to your own self-talk. Draw three columns on a sheet of paper.

In the first column, write several things you would like to happen. "I'd like a new car." "I'd like to lose 10 pounds." Then, close your eyes and listen to how you respond to each item. Write

your self-talk in the second column: Example: "We can't afford it." "I can do it. I've done it before."

In the third column, write down a thought that is the opposite of the one in column two. Look over your list. If column two is more positive than column three, you're already on your way to thinking positively. If column two is more negative, look at column three for a more helpful, healthier response. Practice choosing positive self-talk. You'll feel happier, more confident, and less stressed.

If you are interested in learning more about self-talk and stress management in general, you can take my stress management class beginning on Oct. 22 at 2:30 p.m. The class will be held at the Health and Wellness Center and will continue for four weeks. To sign up, call 643-8308.

Health corner

Women's health issues seminar

The Health and Wellness Center will sponsor a seminar for Breast Cancer Awareness Month Oct. 26, from 12:30-1:30 p.m., in the HAWC classroom to discuss prevention, screening, and treatment of breast cancer.

This program is open to all base beneficiaries, active duty, retired, reserve, guard, dependents, and civilians. Call the HAWC at 643-4648 for more information or to sign up for the seminar.

Step out against breast cancer

McClellan Air Force Base community members are needed again to join in the fight against breast cancer on Oct. 24.

Be a part of the "Making Strides Against Breast Cancer" 5 kilometers pledge walk through downtown Sacramento's plazas and parks to benefit the American Cancer Society.

The "Making Strides Against Breast Cancer" route starts and ends at the west steps of the Capitol and passes through Sacramento's downtown area.

Registration takes place that day from 9 a.m. to noon; look for the Making Strides registration area.

Approximately 17,000 California women will be diagnosed with breast cancer this year, and 4,200 will die from the disease according to the American Cancer Society.

Funds raised through "Making Strides Against Breast Cancer" will support scientific research on the causes of breast cancer and ways to prevent it; reach to recovery and other support programs for women with breast cancer; make breast cancer screening accessible to all women; give support for legislation on mammography quality standards, insurance coverage and other issues; and provide free educational programs.

In addition to walkers, 400 volunteers are needed to serve as route monitors, helping with registration, and all aspects of the event.

Call the American Cancer Society 5K information number at 446-7933, Ext. 319 if you have any questions or would like to volunteer for the event.

Base laboratory discontinues services

As the 77th Medical Group continues its drawdown towards closure, many services will change.

As of Oct. 1, the laboratory will no longer be able to process lab work from nonactive duty patients who present requests from network providers.

What this means is, all patients, except active duty, who see a civilian provider for medical care will not be able to get their lab work performed by the clinic at McClellan.

The laboratory will only continue to support active duty patients with civilian providers and those patients seen by the 77th Medical Group's or David Grant Satellite Clinic's Primary Care Managers. Tricare patients who see civilian providers must consult with the Tricare office for referral to a civilian laboratory available to them.

The laboratory will make every effort to make this transition as smooth as possible.

Questions may be referred to Capt. Yvonne Harmon, Laboratory Element Chief, at 643-8387.

Dance classes available for youth ages 5-12

The McClellan Youth Center is looking for youth ages 5-12 that are interested in participating in ballet or tap dancing classes. Sign-ups for those interested in joining these classes will be taken through Oct.



15. A meeting will be scheduled at a later date to discuss days, times and any other questions parents may have.

For more information and to register, call 643-2074.

Retiree Appreciation Day huge success

By retired Chief George Moses

Retiree Activities Office

More than 425 retirees and spouses attended the annual McClellan Retiree Appreciation Day Sept. 25, which was hosted by the Base Top Three Council and the Retiree Activities Office. The day began with opening comments by the Sacramento Air Logistics Center Commander, Brig. Gen. Mike Wiedemer.

Wiedemer welcomed all the retirees and told them how proud the active duty folks are of the retired community and what they did for our country. Wiedemer also mentioned the importance of getting decals on the vehicles of the retirees who frequent this installation. The base is in a very sensitive threat situation and Wiedemer emphasized it is becoming more difficult to access this installation without the proper decal.

The first speaker was retired Col. Jim Pauls, representing The Retired Officers Association from Washington, D.C., who gave an update of legislative issues affecting the retirees. He was followed by Col. Ed Torres, 77th Medical Group commander, who covered the medical services available at the clinic and when the current services would be discontinued.

Senior Master Sgt. Rudy Lopez gave an update on Pharmacy Services available to the retirees.

Following Lopez, Col. Mike Iltis, 77th Support Group commander covered all the service areas and when each would be discontinued.

Larry Johns, Commissary Officer and Tony Sowell, Main Exchange General Manager, gave an update on each facilities.

Johns pointed out that of the 4.5 million monthly sales at the commissary, 90 percent is because of the retiree shoppers.

Lt. Col. Robin Walmsley, Staff Judge Advocate, outlined the services that are available to retirees and their families at the legal office and how long they can expect the service to last.

Retired Col. John Holes, Chief Executive Of-

ficer, of the Veterans Administration facility located at the old Mather Air Force Base hospital gave an excellent update on the VA services available to retirees and their families. He further mentioned that a new facility would be erected sometime in the year 2004.

Last but certainly not least on the agenda were two ladies from the Casualty Assistance Office, Kim OpDyke and Lovette Rausch, who gave an update on the Survivor Benefit Program and the documents needed when the sponsor passes away.

The program then shifted to Rafferty Hall where lunch was served and door prizes were given away. Plus, many different organizations were represented at Rafferty such as the Noncommissioned Officers Association, Disabled American Veterans, and Veterans of Foreign Wars. Plus, the medical group provided blood pressure checks and cholesterol screenings.

"All things considered, it was a great day for the retired community," said Ken Heidger, volun-

Fire Prevention Week kicks off at CDC



U.S. Air Force photo by Alica Doyle Smokey gives a high five to Nicholas Perez at the Child Development Center Monday in recognition of Fire Prevention Week. Noah Halseth waits patiently for his turn.

National Fire Prevention Week continues through Friday. All are invited to visit with the McClellan Fire Department, Sparky and Smokey the bear, at Bldg.



U.S. Air Force photo by Alica Doyle Sparky hugs Emma Doyle during a fire prevention awareness activity for the children.

Corner

FACILITIES VACATE PROCESS INFORMATION: Walk-through brief

First Tuesday every month, 2:30 p.m., Bldg. 200, Room 129, FM Conference Room

Project officer Jan Miller, CLC, 643-3286, Ext. 234 General Information

Walk-through POCs meet at Bldg. 35 at 9:30 a.m. Facilities vacate checklist

> Oct. 15 Bldg. 684 B - SC Bldg. 684 - SVS Oct. 31

Bldg. 263 B - Autodin Switching Center

Nov. 15

Bldg. 353 - Snack Bar Bldg.704 - Honor Guard Bldg. 783 A - Snack Bar

<u>Jan. 15</u>

Bldg. 1430 - Fitness Plus section of Rafferty Hall March 30

Bldg. 251 2 - LAR

200 today at 9:30 a.m.

NEWSBRIEFS

CDC Honor Roll

90 percent on their career development course exam.

These mandatory courses are an important part of an airman's upgrade training requirements. CDC's provide advanced subject knowledge for Air Force Specialties that is not covered during initial technical training.

These airmen will receive recognition during their squadron's commander's call and the Army and Air Force Exchange Service has donated two theater passes along with a round of golf donated from Services.

July

Airman 1st Class Clinton L. Everling, 77th Communication Squadron, scored 90; Senior Air-

man Shawn D. Wanek, 77th CS, The following airmen have done scored 91; Master Sgt. Michael J. an exceptional job scoring above Helms, 77th CS, scored 91; Senior Airman David C. Anderson, 77th CS, scored 94; Airman 1st Class Adrian E. Lee, 77th Mission Support Squadron, scored 94; Airman 1st Class Jason V. Cardone, 77th Civil Engineering Squadron, scored 95.

August

Technical Sgt. Roger P. Beaudry, 77th CS, scored 93; Staff Sgt. Julie A. Roach, 77th MSS, scored 93; Airman 1st Class Justin M. Hornback, 938th Engineering Installation Squadron, scored 95; Airman Chris A. Broner, 77th Medical Group, scored

September

Airman 1st Class William T. Richardson, 77th Security Forces Squadron, scored 91; Master Sgt. James M. Sweatt, 938th EIS, scored

NCOA meets

The McClellan Air Force Base chapter of the Noncommissioned Officers Association will conduct their combined monthly general membership meeting, Wednesday at 3:30 p.m. at Flashback Sports Bar.

The association will finalize activities for the remainder of the calendar year. All members are encouraged to attend and bring a guest.

For additional information, contact Chief Master Sgt. James Sullivan at 643-3286.

Leave request

Hazel Adams, 938th Engineering Installation Squadron is requesting leave donations. To donate annual leave under the provisions of the Leave Transfer Program, contact the Employee Relations Specialist for your organization.